

**Jimmy McGill, PRPS**  
 Director  
 National Peer Recovery Alliance

1

---

---

---

---


---





---

---

---

**ARCHway Institute**



-  Education
-  Peer Support
-  Financial Assistance
-  Peer Workforce Development through NPRA

2

---

---

---

---

---

---

---

---

NPRA was created in 2021  
 with a group of peers  
 wanting  
 to make a difference



3

---

---

---

---

---

---

---

---

## State Affiliates

Through this partnership, we are building NPRA affiliates in multiple states.

- Missouri
- Arkansas
- Illinois
- Ohio
- West Virginia
- Kentucky



4

---

---

---

---

---

---

---

---

## What does NPRA look like today?

- 6 NPRA State Affiliates
- 21 States Emerging
- 500+ Peers Involved Nationally
- National and State Advisory Boards



5

---

---

---

---

---

---

---

---

## What is a Peer Support ?

A non-clinical evidenced-based practice

A supportive service that helps build recovery capitol

A life saving practice

6

---

---

---

---

---

---

---

---

### Peer Support is a Voluntary Service

IT CAN NEVER BE

Stipulated → Forced → Coerced → Required

7

---

---

---

---

---

---

---

---

### What Makes a Person a Peer Specialist ?

Lived Experience + Training

8

---

---

---

---

---

---

---

---

Service Provider that shares their experience

### What is a Peer Specialist

9

---

---

---

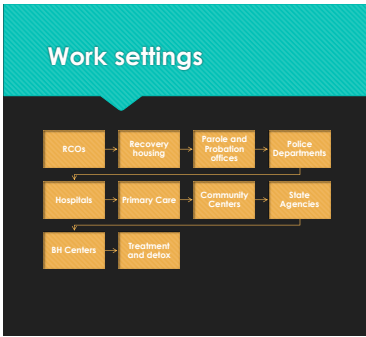
---

---

---

---

---




---

---

---

---

---

---

---

---

10

### What a Peer role is not




---

---

---

---

---

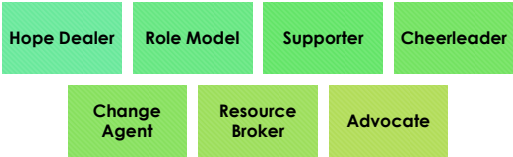
---

---

---

11

### What a Peer role is




---

---

---

---

---

---

---

---

12

### A few of our Values

- Honesty, Truth and Transparency
- Mutuality
- Prioritize Self-Determination and Choice
- Easy-to-Understand Language
- See Challenges as Growth and Learning
- Recognize Our Connectivity and Our Part in a Movement.

13

---

---

---

---

---

---

---

---

### A few actions we strive to include in our daily practice

- Advocate and support for people to find and use their own voice
- We share our experiences without giving unsolicited advice
- Our primary responsibility is to those we support
- Nothing about us without us
- We treat each other with compassion, but not as fragile

14

---

---

---

---

---

---

---

---

**We do not consider it consistent with our values to participate in activities that run the risk of further increasing power imbalances.**

This includes (but is not limited to)

- Assessing, diagnosing or writing treatment plans or other system documents
- Involvement in medication administration
- Participating in drug testing
- Reporting on person receiving services
- Collecting rent

15

---

---

---

---

---

---

---

---

## We avoid the following wherever possible

Wearing name tags or badges

Meeting with desks between us

Visibly carrying around lots of keys (especially where there are lots of locked doors)

Having individual/staff-only areas when not necessary

---

---

---

---

---

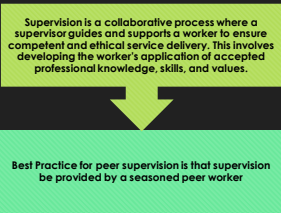
---

---

---

16

## Peer Supervision



---

---

---

---

---

---

---

---

17

## Challenges to Supervising Peer Workers



---

---

---

---

---

---

---

---

18

### Benefits to proper peer supervision

- Provides opportunities for better business
- Delivers better outcomes
- Improves role clarity for peer
- Prevents co-opting
- EBP – Gets EB results
- Fidelity



19

---

---

---

---

---

---

---

---

### NPRA's vision for a career ladder

- Peer In Training (PIT)
- Peer Recovery Specialist (PR)
- Advanced Peer Recovery Specialist (APR)
- Peer Recovery Peer Supervisor (PRPS)



20

---

---

---

---

---

---

---

---

### Each Level Requires



```
graph LR; A[Signed code of ethics] --> B[Specialized training]; B --> C[500 Hours of experience]; C --> D[100 domain specific hours]; D --> E[25 hours of direct peer recovery supervision from a PRPS]; E --> F[Pass your exam];
```

21

---

---

---

---

---

---

---

---

### Recert every 2 years

- 14 hours of peer related educational hours
- 6 hours of peer ethics courses
- 20 hours total
- Attestation form

22

---

---

---

---

---

---

---

---

Peer Ethics

23

---

---

---

---

---

---

---

---

### Why Use Peers?

- 1 Improve quality of life
- 2 Reduction in cost
- 3 Family reunification
- 4 Decrease hospitalizations and inpatient days
- 5 Reduce the overall cost of services

24

---

---

---

---

---

---

---

---



### Why Use Peers?

1 Employment	2 Reduced Relapses	3 Criminal Justice Involvement Decreased	4 Enhanced Self-esteem
-----------------	-----------------------	---	---------------------------

25

---

---

---

---

---

---

---

---

### Closing

Peers are invaluable. They help people by creating a supportive community.

By sharing experiences and understanding each other, these services not only help individuals but also make a positive impact on your communities.

Remember, getting better is something we can do together.

26

---

---

---

---

---

---

---

---

### Questions



Thanks for listening!



Let's all work towards a healthier future!

27

---

---

---

---

---

---

---

---