



Youth Gambling and Substance Use: Navigating the Digital Minefield

Understanding and Addressing the Digital Age Risks
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1

Introduction to gambling and problem gambling



- Biopsychosocial model
- Introduction to the DSM-5 criteria for Gambling Disorder
- Polygenic nature of gambling disorders
- Link to family history as a risk factor for gambling and substance use disorders

2



Why people gamble- youth focus

- Exploration of motivations behind youth gambling
- Impact of thrill-seeking and risk-taking on youth gambling and substance use
- Discussion of peer influence

3

The Digital Arena: social media and the dark web

- How social media apps mimic gambling environments and foster risky behaviors
- The role of the dark web in providing anonymous access to substances
- Impact of digital platforms on increasing accessibility and anonymity for youth



4



Definition and summary of dark web

Risks associated with the dark web

Implications for youth substance use

The dark web and substance use risks



5

Addressing the challenges of the dark web

- Monitoring and prevention
- Legal and health consequences
- Resources and support



6

Toward a safer digital environment for youth

- Potential for regulatory measures
- Strategies for safer digital environments and responsible technology use
- Future challenges and opportunities relating to gambling and substance use



7



The Intersection of Gambling and Substance Use

- Link between digital gambling and substance use among youth
- Neurobiological similarities in the reward pathways for gambling and substance use
- Co-occurrence of these behaviors and their implications

8

Understanding the neuroscience behind youth gambling



- Neuroimaging studies showing gambling's effect on the brain's reward system
- Similarities to substance use in terms of brain activity and pleasure pathways
- Implications of these findings for treatment and intervention

9

The Impact of social media on gambling behavior

- In-depth analysis of how social media influences gambling behaviors
- Strategies for mitigating negative impacts of social media
- Educational initiatives aimed at responsible social media use



10

Psychological triggers in gambling and substance use

- Common triggers such as stress, anxiety, and depression
- Exacerbated by adolescence- jealousy, belonging
- Mechanisms through which these psychological states promote risky behaviors
- Strategies for managing these triggers in therapeutic settings



11

Addressing co-occurring disorders in youth

Treatment considerations for youth with co-occurring disorders such as ADHD

Complexities introduced by these co-occurring conditions

Best practices for integrated treatment approaches



12

Strategies for Intervention and Prevention

- Effective community and family-based interventions
- Importance of early detection and tailored education programs
- Role of technology in aiding prevention and treatment strategies



13

Role of family in gambling and substance use behaviors

- Impact of family dynamics on the development of gambling and substance use
- Family-based intervention strategies and their importance
- Case examples of successful family interventions

14

Innovative therapeutic approaches for youth

- Emerging therapies such as gamification and virtual reality
- Addressing trauma with EMDR, yoga, meditation
- Effectiveness of innovative approaches in engaging youth



15

Building effective family engagement in adolescent therapy

- Importance of a family involvement
- Strategies to engage parents
- Creating a secure base



16

The role of schools and educational institutions

- Schools as pivotal environments for prevention and early intervention
- Educational policies that can support or hinder effective interventions
- Successful school-based programs and their outcomes



17

1. Juan
2. Clara
3. Thomas

- Examples of successful recovery stories and the factors that contributed to success
- Role of personalized treatment plans and continuity of care
- Lessons learned from these cases that can inform future practice



Case studies of successful recovery from gambling and substance use

18

Legal and ethical considerations in treating youth

- Confidentiality issues specific to minors in gambling and substance use treatment
- Legal constraints and ethical dilemmas in intervention



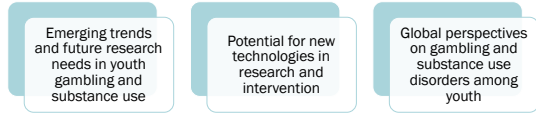
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Future research directions in gambling and substance use

Emerging trends and future research needs in youth gambling and substance use

Potential for new technologies in research and intervention

Global perspectives on gambling and substance use disorders among youth



20

Conclusion

- Summary
- Call to action
- Questions
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21